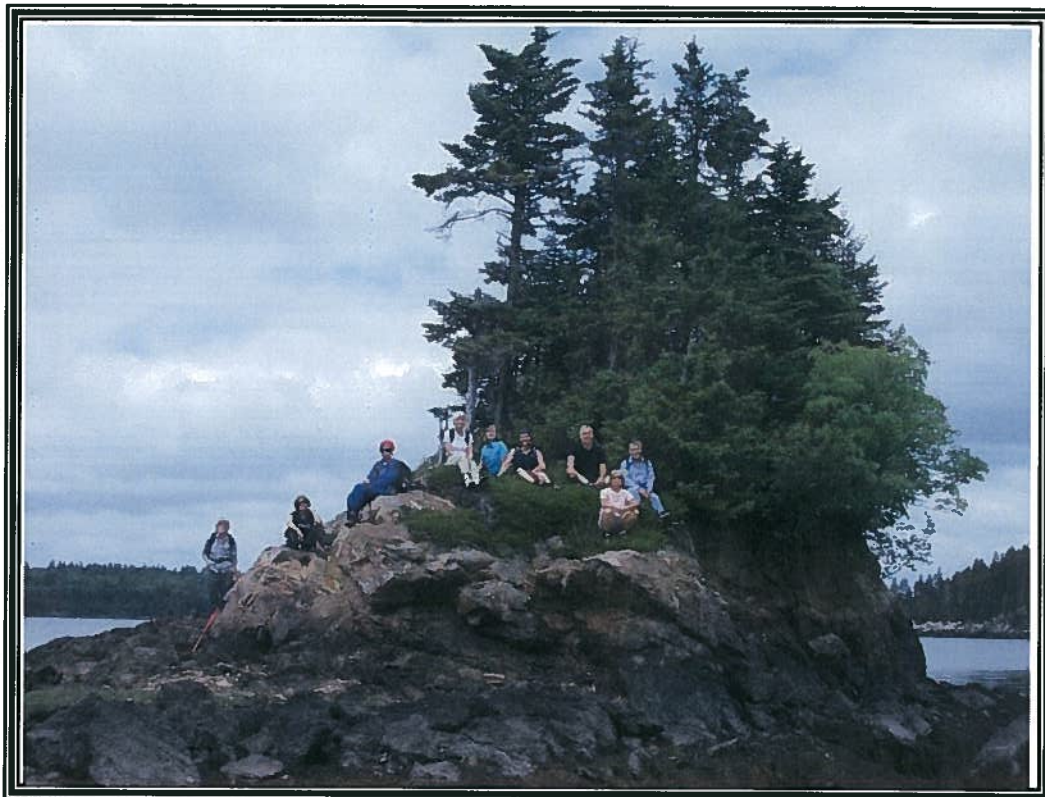


July-Sept 2012

NEWSLETTER



*A journey of a thousand  
miles begins with a  
single step.*

*Lao-tzu, The Way of Lao-tzu  
Chinese philosopher (604 BC - 531 BC)*

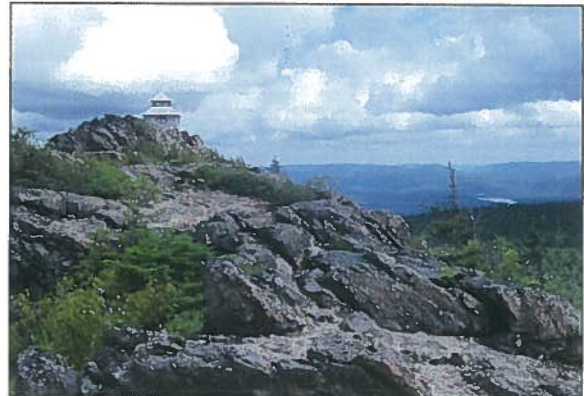
# Editorial

Welcome all new and renewed members to the Summer 2012 newsletter. You will see that we have a fairly full schedule this Summer which is great particularly after a lot of our Spring events were cancelled as a result of wet weather. There are some new areas included as well as a variety of bike rides and opportunities to paddle.

This will be closely followed by the challenging four-day, 42 Km Fundy Footpath backpacking trip which will be led by Trevor Fotheringham. Let me know by July 15 if you are interested in joining us on what will no doubt be a great adventure and a lot of fun.



Remember to get your Activity Challenge cards verified after every SJOE event—a little bird tells me that there are already a few members who have achieved over 100 km and are quickly heading towards the next 250 km badge! Well done everyone and keep up the good work. Challenge cards are available from event leaders and/or Trevor Fotheringham.



This season's final major event will be a visit to Mt. Carleton Provincial Park where participants will stay in cabins and hike the Mt. Carleton, Mt. Sagamook and Mt. Bailey trails over three days. See further details later in the newsletter.



For those of you who have not ventured out with the group yet, there are some fantastic scenic trails which should not be missed. There are some beautiful scenic areas that we have visited such as Sussex Bluff, Laverty Falls, Bald Mountain, Turtle Mountain as well as the trails around Adairs Wilderness Lodge. If you are interested in joining in on an event, just call up the leader by the date specified in the schedule and you will be given details of meeting time and place. We often carpool to the starting point. Additionally, ensure you are physically capable of participating — warnings are there for your safety.

There are three major events planned this season, kicking off with a members only BBQ at my home on July 28th starting at 4 pm onwards. See invitation later in the newsletter for details. I'm also looking for volunteers to help plan the event, man the BBQ and work towards making this an enjoyable experience for everyone.

Have fun everyone and see you on the trails, the water or the road.

Glenise Peck

*Pictures:  
Fundy Footpath and Mount Carleton*

# Ramblings by the President...

First of all I would like to thank Past President, Phyllis Hart, for her efforts and leadership over the past year. It was a challenging year in which we witnessed growth in the hiking events but declines in cycling and paddling events. We were all saddened by the death of Michel, and he remains greatly missed by all who knew him.



Many thanks to Secretary Marilyn MacKay and Treasurer Twila Spicer for agreeing to continue on the Board of Directors, together with membership coordinator Jim Sulis, Phone Committee Chair Carol Ring, Newsletter editor Glenise Peck, and congratulations to new executive members 1<sup>st</sup> Vice-President Marion Pierce and 2<sup>nd</sup> Vice-President June Hicks. I am looking forward to working with all of you over the coming year.

Speaking of the coming year, I have several objectives that I hope the club will embrace.

- As mentioned earlier I would like to address the decline in events for certain activities. The Paddlers and cyclists make up a large component of our club. When I look at past event calendars, I see there were frequent events for these pursuits. I would like to see a scheduled Hiking event for each weekend plus either a paddle or cycling event on the alternate day. Therefore I would beg, plead, and encourage all members who have previously led these events to come forward and renew their commitment and enthusiasm.
- This leads to my second objective of forming improved closer relationships with other likeminded groups, for example the Moncton Outdoor Enthusiasts, and the Fundy Paddlers, to share ideas and consider organising combined events.

- Finally I would like to continue our efforts to improve awareness of our club's existence. Believing there are individuals looking for a group like ours, but don't know where to find us. A new brochure has been developed and will have been distributed, prior to this newsletter. We did organise a Public Event in Rockwood Park, as part of our commitment to the Wellness Challenge, but unfortunately the weather dampened the response. I hope we can organise more of these Public events and hope the weather will be co-operative to aid their success.

In closing, when on the trail remember

Take nothing but photos

Kill nothing but time

Leave nothing but footprints

*Trevor Fotheringham*

**Accommodation at  
Mount Carleton  
Provincial Park  
August 31, September 1  
and 2, 2012**



The Heritage Cabins at Bathurst Lake are currently available and contain beds, table and chairs, woodstove and electricity. Outside is a firepit and picnic table. The main kitchen has propane stoves, electric fridges, cabinets, table and chairs and a terrace. There is a separate building with flushing toilets and hot showers. Early booking is advised so please let me know on or before July 15, 2012 if you plan on participating in this event.

The cost per cabin is \$50 per night for double occupancy plus and extra \$10 per person/night after that. A cabin for 7 would cost \$100 per night.

When staying at a Heritage Cabin it is recommended that you bring an air mattress, sleeping bag, pillow, drinking water, food, dishes, utensils, dish soap, towels and dish cloths, fly dope and a cooler.

**Call Trevor on 696-6093 to confirm participation.**

# The Fundy Four Plus One...

Fellow hikers out there, let me begin by saying we missed having you on the Goose River Backpacking Adventure. It's June 9<sup>th</sup>, 2012 and raining, but that doesn't stop the crew of four plus one as we head out to Fundy National Park on an overnight backpacking adventure in preparation for the Fundy Footpath trek over the New Brunswick Day weekend in August. The whole idea was to realize what was needed or not and I must say, mission accomplished.

Glenise Peck, Bill Hall and June Hicks head up the highway to meet Ruth Alexander and Alan Howes in Sussex. Bill's car is packed to the brim and we wondered how on earth we're going to fit Ruth's gear on the way home. You see, Alan the Sherpa is only joining us for the hike so the least we could do is have him stay for supper before he hikes back.

We checked in at the park headquarters to register then began a short 7 km round-trip hike to Tracey Lake. The rain drizzled enough that it was necessary to don rain gear. The trail was not a difficult one but had lots of ex-



posed roots. Arrived at Tracey Lake in time for lunch then headed back. Not long on the way back, Ruth spotted moose tracks which she was sure weren't there on our way in.



Drove to Point Wolf where we hoisted up our backpacks. By then the rain has stopped and the sun is peeking through the clouds. As we start up the one of many very long steep inclines, we now realize that our packs are too heavy. Arrived at the site just in time to set up camp and start supper immediately, because everybody who knows Alan, knows that when Alan is hungry, he needs to be fed. We spread out the buffet with a nice bottle of wine and dig in. Plenty of leftovers for Alan as he went on his merry way but not until Bill decides to lighten up his pack and sends several items back with Alan (including a hatchet!). We suggested the Sherpa come back in the morning but he failed to return.



After we clean up and hang the garbage in a tree, we take a final walk for the night down to the beach, in the rain I might add. Found a moose head skull perched on a stick in the sand. The rain has stopped by the time we turn in.

Sometime during the night, we were awakened by the sound of an animal feasting on the garbage hanging in the tree and rummaging through our bag of dishes and tipping over the pot along with the remains of our supper. Ruth even felt the mystery animal scamper across her legs. She said it felt like the weight of a cat. Had to be a racoon.

# David Goss Walks n Talks



**Sunday, July 8- 3:00 p.m.- Riverside Delights of Yesteryear-** Meet at the Brundage Point River Centre, Grand Bay-Westfield. A look at how our ancestors enjoyed summer on and beside the St. John River in the early part of the last century FREE- sponsored by the Town of Grand Bay- Westfield. If wet, will be held indoors at the centre.

**Tuesday, July 10-7:00 p.m.-King Street and King's Square.** Meet at the Bandstand, King's Square. We will use postcards, photos, and recollections of the area by writers Gail Kaye and Ian Sclanders, and others. to tell this area's story. FREE- Sponsored by Freedom Travel, where we will conclude the walk and enjoy some light refreshments. RD

**Tuesday, July 17- 7:00 p.m.-Prince William Street-The Full Story of its Character and Characters.** Meet at Barbour's General Store. We will walk both sides of Prince William Street from one end to the other sharing stories collected over the past 35 years on one of the most important and colorful streets in the city's centre. FREE- Sponsored by Cultural Affairs Office of the City of Saint John. RD

**Tuesday, July 24- 7:00 p.m.- Pirate Dave comes to Rockwood Park-** Meet at the Interpretation Centre and enjoy the antics of Pirate Dave as he tries to convince the youngsters to become part of his crew. He tells stories, sings songs, does stunts. Pirate Lore can be intimidating-parental discretion is advised. FREE-Sponsored by Leisure Services of City of Saint John. Indoors at Interpretation Centre if wet.

**Tuesday, July 31- 7:00 p.m. More about Lancaster:** Meet at Barnhill-St Rose bus turnoff on Manawagonish Road. Last fall, we explored lower Main street in what was called Fairville, now, we will move west and explore the Manawagonish Road, Greendale, Dever Road, and area, which also have some interesting stories worth sharing. FREE- Sponsored by Huestis Insurance Group. RD

**Tuesday, August 7- 7:00 p.m.-Meander at Milford-** Meet at Milford Recreation Centre, Milford Road. This area has recently been the recipient of a grant which has resulted in the Emera Trail development with five lookouts on Black Charlie's Hill that will allow us to talk about industry, the riverboats and tugboats, ferry boats that were once part of life in the area. FREE- sponsored by the Huestis Insurance Group. RD

**Tuesday, August 14- 7:00 p.m. Rothesay is anything but Common!** Meet at the Common Arch entrance opposite the Post Office where Church and Hampton Roads intersect. Notes made by David Waterbury, Peter Campbell, Frank Hatheway, and stories collected from the late Tim Ellis, will bring the area to life. We will have a game or two for the kids to enjoy as they explore, and we will conclude with a visit to St Paul's Church and finish in the Hall with light refreshments. FREE- sponsored by the Town of Rothesay Recreation Department. RD

**Tuesday, August 21- 8:00 p.m. Fernhill Walk Among the Dearly Departed.** Tickets give details to those who preregister for the most popular walk in the series which always sends shivers down the spines of those who participate. Tickets available on the previous noted walks at cost of \$8.00 or two for \$15.00.

**Ask for a brochure about the "Sea Stories and Songs and Ghost Walks" Oprograms at New River Beach, Campobello Island and Grand Manan Island and the "Talks without Walks" at Martello Tower which I will offer on the "War of 1812 and its effect on Saint John" on Sundays-@ 2:30 p.m. June 17, July 22 and Aug 19. Martello Tower admission fee is applicable for these sessions**

## MARKETPLACE

**FOR SALE:**

**A pair of Gros  
Louis 14x42  
wooden snow-  
shoes in, apparently,  
excellent condition.**

**\$50 or near offer.**

**Call Jane Baird for  
details on 847-4010**





# The Saint John Outdoor Enthusiasts

Are pleased to announce  
a invitational public walk

**To be held in**

**Rockwood Park**

**Sunday August 19, 2012**

Commencing at the  
Rockwood Park Interpretation Centre

At 2pm

# Future Events

**Invitation to SJOE Summer BBQ  
at  
198 Route 850, Kingston  
on  
Saturday July 28, 2012—4 pm onwards**

A BBQ, sponsored by the Club, will be held at Glenise's place for members/families only. Bring chairs, cutlery, plates, drinking vessels and a smile. Ladies please bring a salad, guys a dessert, plus a contribution of \$5.00 per person towards refreshments.

**RSVP to Glenise by July 15, 2012  
(832-1990 or geebee@bellaliant.net)**



**Fundy Footpath—4 day hike  
Friday August 3 to Monday August 6, 2012**

This is a challenging 42 Km hike that will involve backpacking, camping, water filtration and crossing tidal rivers. Please let Glenise know if you are interested in participating by July 15. We will be having a planning meeting shortly thereafter to organize the event and discuss how and what to pack.



**Labour Day Weekend  
Friday August 31 to  
Monday September 3, 2012**

SJOE group campout and hiking Mt. Carleton, Mt. Bailey and Mt. Sagamook trails—Trevor Fotheringham will be leading these hikes. Be warned—these will be typical "Trevor Hikes" and certainly not for the faint-hearted!

See details in this newsletter