

Fall/Winter
 2013-14

Newsletter



Paddling in the Bubbles near Digdeguash Falls

*"Nearly there; not much further;
 the top's just over this brow."*



*If he says that just one more time,
 I'll kill him here and now!*

The Cleveland Way ... Eight

May 8th, 2013

6 of a group of 8 gather in the Saint John Airport to begin the long awaited journey to England to hike the Cleveland Way. Our



Bon Voyage crew arrived to see us off and presented us with an England theme scavenger hunt list of tasks to carry out as we hike from Helmsley to Fily.

Our connecting flight was in Halifax where we met up with the remaining group as Trevor Fotheringham, our fearless leader, Ruth and Donnie Alexander, Marilyn McKay, June Hicks, Bill Hall, Pam Russell and Lisa Cattaruzza board the red eye to England.

May 9th, 2013

Arrived at Heathrow Airport in London and made our way by train to York. Sat with a few locals on the train which was fortunate for us, as Canadians, to question many of the items on the scavenger list which they shared with us along with their English lunch-eon items such as pork pot pies and crisps. Toured the beautiful City of York, including a walk on the stone wall that circled the city as well as the beautiful historic buildings, ruined castles and abbeys. Went to our first authentic pub and obtained our first item on the scavenger hunt list, Yorkshire beer coasters!



May 10th, 2013

Visited the Castle Museum and Tower Castle before leaving for Helmsley. Enjoyed what Helmsley had to offer such as a ruined castle, a walk to Dun-



combe Park and through fields of sheep grabbing wool left on fences from the sheep, yet another item on our list, as well as our first encounter with a kissing gate.

May 11th, 2013

Began the 109 mile journey of the Cleveland Way. Travelled through various farm lands of lots and lots of sheep, miles of stone walls, passing through kissing gates



and stiles to get from field to field. Today the journey took us to the Rievaulx Abbey ruins and Cisterian Monastery which we explored in awe. We walked across the top of the ancient White Horse carved in to the chalk that led us down to Kilburn, home of the Mouseman who manufactures oak furniture, which featured a carved mouse on almost every piece.

May 12, 2013

Today we walked through Sutton Bank to Osmotherley to see the gliders soaring through the air with a view of gorgeous landscapes,



through fields, and farms as Donnie takes a moment to chat with the lambs. We stopped for lunch at the foot of a private thoroughbred race track where Trevor educated us on the Stinging Nettle plant and how to remove the sting with the nearby Dock leaf which was good to know.



May 13, 2013

On our way out of Osmotherley, we stopped to visit the Shrine of Our Lady of Mount Grace, continuing on to the mountain range of several steep ups and downs until we stopped for the day. Along the way, we passed two women having lunch and later to find them upon us as we sat on the mountain top for our lunch. They claimed every time they stopped for a break, it would rain, as we immediately shouted in unison, "keep going"!!! At the end of the hike, we were driven to the B&B by the owner, to which all of us had the same puzzled look as we met. You could say his appearance was a cross between Neil Young and Ozzy Osbourne. It was our most enjoyable stay and to say the least, most memorable.



May 14, 2013

We started today which led us up into the Moors and down into the valleys all day. We saw many pheasants soaring through the air and wondered how on earth we were going to collect one of its feathers when all of a sudden there was one on the path, compliments of the dead bird beside it. Today's weather that fell upon us was hail, high winds, and sunny periods. We could see far in the distance, Captain Thomas Cooke's monument and our destination to Roseberry Topping which took us the day to arrive.



May 15, 2013

After a long day's hike, we finally arrived on the coast to Saltburn by the Sea. Spent the remainder of the day walking along the boardwalk and the end of the pier in the cold wind. Went into the arcade to warm up and to feed the machines with several pence and won a few trinkets, yet another item to cross off on the scavenger list. Tonight we dined on Indian Food.



May 16, 2013

We started up the coast of the North Sea on this warm and sunny day. While taking in the spectacular views, June fell victim to the stinging nettles we were warned about as she ran down the field to catch up with Nurse Trevor to pluck the dock leaf to counteract the sting. Arrived in a quaint little village of Staithes consisting of 2 cobblestone streets, for tea and lunch. Enjoyed the visit but not the exit, as we were downwind to the barn with a thousand and one undescribed scents not pleasing to the nose.



Arrived in Runswick Bay where we spend time cooling off our feet in the sea and combing the beach for fossils, Marilyn being the only one to find a genuine fossil and leaving Trevor behind in a mad search for one of his own.



The Cleveland Way ... Eight

May 17, 2013

After another extensive search for fossils and Jet, we continued our journey down the coast. Jackie, a local lone hiker travelled with us to Sandsend and joined us for lunch. On route, next in line to fall victim to the stinging nettle was Donnie. "Ouch!" Continuing to Whitby Abbey, we walked by Bram Stokers home and a very colourful line of beach huts enjoyed by the locals. After touring Whitby Abbey, we have enough time to spare for shopping as stores closes early in small towns, followed by a grand feast of famous fish and chips with a side of mushy peas which we found truly a delightful English delicacy. Our stay for the next two nights is in Robin Hood's Bay.



May 20, 2013

We begin the last 13.8 miles with mixed emotions as we wind around the coast of Scarborough and make our way up into the cliffs. Most of the walk to Filey is in thick and windy fog but burns off in time to see Filey in the distance. We're only a few feet away as we walk arm in arm, 8 abreast, to cross the finish line of the 109th mile.



May 18, 2013

Went to Whitby by taxi. Before we began our hike, we visited The Church of Saint Mary founded around AD 1110. We continued our hike to Robin Hood's Bay. On the last few miles before the day's hike ended, we met up with Trevor's brother Allan and Allan's wife Vivian to finish the hike to Robin Hood's Bay where we also met up with Trevor's sister Jill and Jill's husband Peter. The afternoon was spent having lunch, shopping and a winding down in a local pub. Finished our visit to a wonderful supper and a pub to finish off the night.



Epilogue

A few weeks after our return, Glenise invited us all to her place for a BBQ and to present the scavenger hunt artifacts that we all had great fun in collecting along "the Way". We all took the task very seriously and did and saw things that we may not otherwise have done or paid attention to. The small things that would probably have gone unnoticed yet they allowed us to learn a lot more about English culture and their idiosyncrasies—now we understand Trevor and Glenise's foibles a lot better. Who would have known that we would have had so much fun spending a penny or two in the "penny arcade" and we have the trophies to prove it! "Cor blimey, we did it..."

Lisa Cataruzza and June Hicks

May 19, 2013

We bid farewell to Trevor's family and onward to Scarborough where we visited Scarborough Castle and the grave site of Ann Bronte. Today was the longest kilometres hiked totalling 27K.



Scavenger Hunt Trophies

Editorial

Welcome to all new and renewed members to the Fall/Winter 2013-14 newsletter. Because of the time involved in putting the newsletters together, June and Glenise are now joint editors and will be producing them twice a year in future - Spring/Summer and Fall/Winter.

A number of events have been held since the last Newsletter which were well attended.

Fireworks Night—November 5, 2012



The bonfire celebration of Guy Fawkes was enjoyed by all who attended with good food and great laughs. A big thanks to the Peisers for offering their backyard and to Trevor Fotheringham for a spectacular display of fireworks to finish off the evening.

Christmas Party—December 6, 2012



The Christmas party for 2012 was a huge success. Thanks to the votes for a spectacular buffet and to the Whipples for the place of venue. Many thanks to Trevor Fotheringham who presented a fun-filled quiz with a great selection of prizes to be won by many, the viewing of electronic photos of past events, as well as providing a great selection of music, as many made their way to rip up the dance floor almost to the stroke of midnight.

Mt. Katahdin—June 6, 2013

9 members make their way to Mt. Katahdin, starting out early the next morning to climb the Abol Trail. They broke for lunch on the plateau before the final hike to Baxter's Peak. As they make their way to the Hunt Trail, part of the Appalachian Trail, the descent was, to say the least, several hours of slow and careful descents over boulders and rock ledges until they reached the tree line and was truly an adrenaline rush experienced by all.



Editorial

Summer BBQ—July 27, 2013



Again a very successful event with delicious food cooked by Gordon where everyone brought salads or desserts—a truly gastronomic afternoon with plenty of fun and laughter.

Campobello Island Weekend— August 3 & 4, 2013

A team of 8 hikers, led by Trevor, enjoyed a wonderful weekend of hiking the trails in the woods and along the coastline of Campobello Island and around Roosevelt National Park. Spending the steamy nights in rigid tent cabins in Herring Cove Provincial Park. Gail and her daughter hired a cabin close to the border crossing to Eastport, ME where Glenise cooked another delicious meal for the group on Saturday evening.



This past Summer covered a busy schedule of hikes, paddles and bike rides between the Fundy Footpath, Alma, Sussex, Kingston, Rothesay, Saint John, Musquash, Grand Bay, Welsford, Grand Manan, Campobello, St. Stephen, Deer Island, Saint Andrews and all places in between.

If you are new to the group please come out and join us and explore those out of the way places that you may not otherwise get to. You will, no doubt, also make new friends in the process. We have many short walks or hikes for beginners as well as more strenuous events for the more experienced hiker.

We are hoping snowshoes will be put to good use again this winter.

Don't forget to continue to log your distance when participating in a SJOE event for your own personal activity challenge—see Trevor with your Activity Log to obtain one or more these striking badges.



*"Between every two pines
is a doorway to a new
world."*

— John Muir

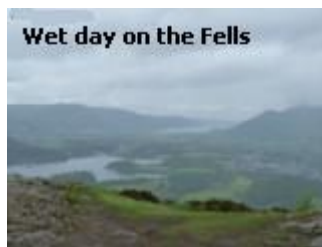
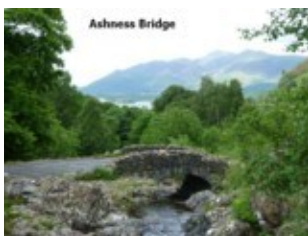
Ramblings by the President...

It was pleasing to see the variety of events planned for this year for the Saint John Outdoor Enthusiasts. I especially looked forward to the Weekend in Campobello which was a resounding success. The summer events schedule was full, and included events from new leaders, plus several short, easy events. I believe Event Leaders are essential to the club's operation. Without Leaders to do the planning, organisation, research and guidance there would be no events and, therefore, no club. So I would like to thank everyone who responded to my plea at the Annual meeting for events and leaders.



We held two very successful public events. The Earth Hour Walk in Rockwood Park, where we did witness some of the City's Lights turn off. The Walk for Wildlife event at the Irving Nature Park resulted in two Radio Interviews and a nice newspaper article, which helped promote awareness of our club. Together with the web and facebook pages, these events are improving the visibility of the club and are attracting new members and requests from other visiting outdoor enthusiasts wanting to participate in events during their stay in the area.

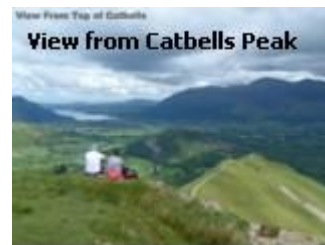
The Cleveland Way Ramble was another resounding success. I am looking forward to reading the article that Lisa and June are contributing to this newsletter. The rest of my trip to England didn't quite go to plan, but I had a very interesting vacation which included 525km plus of rambling. Including 4 days with the Rotherham Metro Ramblers in the Beautiful and very scenic Lake District. Staying at a "Youth" Hostel (most of the group were either retired or near retirement) in Keswick and participating on four Fell Walks. The first day was a wet hike over Walla Crag to the small Ashness Bridge, which features in most Lake District brochures.



Next day it was a very strenuous climb up to the 830-meter peak of Blencathra. You will all be pleased to note I was the first to reach the top. Mind you the decent was another story, down a steep narrow path with a sheer drop on one side. To say I was uncomfortable would be an understatement. Looking down the unrestricted view to the bottom I was wishing for the reassurance of Firs and Spruce that hide the steep drops in NB.

Thankfully we didn't go down the sharp edge!

Sunday started with a boat ride across the Derwent Water, followed by a 625-meter climb up the twin peaked Catbells. After reaching the top we crossed Maiden Moor, where after a few minutes of searching aided by my GPS we found the poorly defined steep route down. It was during this decent I discovered why they call these hills "The Fells", after slipping on a muddy spot I can now say "I Fell on the Fells".



We finished the 4 days with a gentle ramble to the Castlerigg Stone Circle and the old church of St John's in the Vale. During the stop at the Stone Circle I discovered that the possible reason for building Stonehenge and all the other stone circles was to provide a place to observe the ancient British ritual of stopping for "Elevenses" to sit and drink Tea.

Other walks included the 30 km Edale Skyline in the Derbyshire Peak District, the Malvern Hills to the Iron age British Camp and following ancient paths from the Avebury Stone Circle past Long Barrows. But they are stories for another edition.

See you on the Trails



In closing, when on the trail remember -
Take nothing but photos
Kill nothing but time
Leave nothing but footprints

Trevor Fotheringham

Future Events

Wednesday November 5, 2013

Celebrate the discovery of the Gun Powder Plot of 1605 when Guido Fawkes tried to blow up the English Houses of Parliament

Potluck supper at Henry & Christa Peiser's home in French Village and \$5.00 per person towards fireworks.

Guaranteed to be a fun-filled evening with good friends.



Christmas Party

Saturday November 30, 2013

at

Carleton Curling Club

Saint John

Buffet Supper

Quiz

Dancing

Tickets: \$20.00 per person

RSVP to Trina Whipple
by no later than November 15, 2013
on

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